

## **GCY Makos**

### **Summer Practice Schedule**

**June 11 - August 3, 2012**

#### **GAC - 50 meters – LONG COURSE POOL**

AG 1	Tuesday/Thursday	5:30pm-6:30pm
AG 2 and Senior Prep	Mon, Wed & Fri	8:00am- 9:30am
	Tuesday/Thursday	5:30pm-7:00pm
Senior & National	Mon, Wed & Fri	8:00am- 10:00am
	Tuesday/Thursday	5:30pm-7:00pm
Recent Add-on:	Mon & Wed	5:30pm-7:00pm

Masters                      Same schedule at Bryan YMCA – adding Tuesday nights  
5:30pm-7pm at the GAC (long course)

#### **Bryan YMCA - 25 yards**

AG 1	Mon/Wed/Fri	3:45 - 5:00pm
	Saturday	9:00 - 10:00am
AG 2 and Senior Prep	Mon/Wed/Fri	3:15 – 5:00pm
	Tue/Thu	7:00 - 8:45am
	Saturday	8:30 - 10:00am
Senior	T/TH	7:00 - 9:00am
	Saturday	7:00 - 10:00am
National	T/TH	7:00-9:00am
	Saturday	7:00 - 10:00am

***Due to Long Course/City Meet, there will be no Saturday practices on June 16 (Hickory), June 23 (Eastern), July 7 (City Meet), July 28 (Tar Heel States).***